



The Four's Restaurant and Sports Bar, a Boston tradition since 1976, proudly entertains the world's greatest sports fans with legendary food, service and atmosphere in Boston, Quincy and Norwell. Recognized by Sports Illustrated as the Best Sports Bar in America, the original Four's is located just steps from the Boston Garden. The Four's is a New England tradition and the preferred meeting place for legions of sports legends and fans.

Praised by the Boston Globe, Phantom Gourmet and TV Diner, our food and dedicated staff never cease to impress. Be sure to try The Four's championship New England clam chowder, Buffalo chicken nachos, hand cut steak tips or our famous Bobby Orr steak sandwich.

In addition to boasting high quality and affordable food, The Four's, one of the first sports bars and restaurants in the United States, features a treasure trove of memorabilia that captures the passion, excitement and lore of New England's sporting tradition.

The legendary Four's Restaurant and Sports Bar, the place where fans come to taste and drink in the passion of the World's Greatest Sports Town.

Rub elbows with the stars at The Four's.

THE FOUR'S RESTAURANT & SPORTS BAR

www.thefours.com

BOSTON

166 Canal Street
Boston, MA 02114
617-720-4455
boston@thefours.com

QUINCY

15 Cottage Avenue
Quincy, MA 02169
617-471-4447
quincy@thefours.com

NORWELL

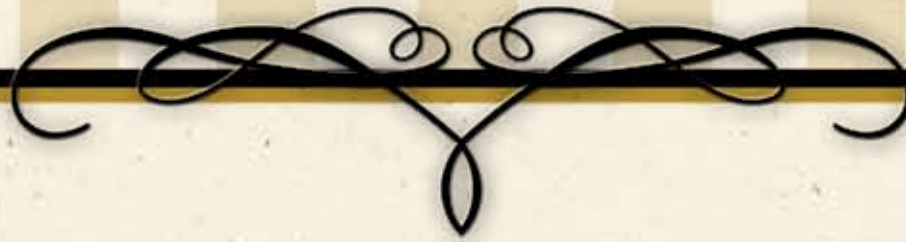
285 Washington Street
Norwell, MA 02061
781-659-4414
norwell@thefours.com

Lunch daily from 11 am to 3 pm • Dinner Monday - Saturday 3pm till midnight, All day Sunday

Delivery available from some locations.

We accept Cash, American Express, Discover, Diners, MasterCard, VISA and Gift Cards.
Gift Cards and Function Room available.

20% Gratuity added to parties of 8 or more.



STARTING LINE-UP

WINGS

Fresh wings and drumettes in your choice of sauce. Served with carrots and celery - 7.95

- Buffalo Style, tossed in Louisiana hot sauce and served with bleu cheese.
- Four's Style, Oriental marinade and served with Asian sauce.
- Glazed Style, in a spicy sweet and sour sauce served with mango sauce.

BUFFALO FINGERS

Fresh chicken tenders tossed in Louisiana hot sauce.
Served with carrots, celery and bleu cheese - 7.95

CHICKEN QUESADILLA

Flour tortillas stuffed full with grilled chicken, sautéed onions, jalapeños, bacon, tomatoes and nacho cheese. Served with sour cream and salsa - 9.95

CRAB CAKE

Pan seared lump crab cake served with coleslaw and pineapple mango salsa, finished with a chipotle aioli drizzle - 11.95

CALAMARI

Rhode Island style, lightly dusted and fried with banana peppers.
Served with chipotle aioli - 9.95

THE DIP

A delicious blend of artichokes and spinach, in a creamy cheese sauce, baked en casserole and served with house tortilla chips - 8.95

BUFFALO CHICKEN NACHOS

Crispy tortilla chips baked with tomatoes, scallions and mozzarella cheese.
Topped with diced fried chicken and Buffalo sauce - 10.95

NACHOS EL GRANDE

Crispy tortilla chips baked with chili, jalapeños, tomatoes and nacho cheese.
Topped with guacamole, sour cream and salsa - 10.95

FOUR'S TRIPLE PLAY

Buffalo Wings, Potato Skins and a Steak and Cheese Egg roll served with carrots, celery sticks, sour cream, bleu cheese and caramelized onion BBQ mayonnaise - 11.95

POTATO SKINS

Fresh potato wedges loaded with cheddar cheese and bacon.
Served with sour cream - 8.95

STEAK & CHEESE EGG ROLLS

Homemade egg rolls stuffed with steak, cheese, onions and peppers.
Served with caramelized onion BBQ mayonnaise - 9.95



SUPER BOWLS

TODAY'S HOMEMADE SOUP

Bowl - 5.50 Cup - 3.50

HOMEMADE CLAM CHOWDER

A New England favorite.

Bowl - 5.95 Cup - 3.95

SOUTHPAW TEXAS CHILI

Served with melted cheddar and nacho chips.

Bowl - 5.95 Cup - 4.95

FROM THE GREEN

HOUSE SALAD

Seasonal greens, julienne carrots, red onions, vine ripe tomatoes, cucumbers and croutons - 5.95

CAESAR SALAD

A traditional favorite with our homemade dressing - 7.95

**Top your Caesar Salad or House Salad with your choice of
Chicken, Steak Tips, Teriyaki or Turkey Tips - 13.95
Blackened Swordfish Tips - 14.95**

SUPER TACO SALAD

Texas chili, nacho cheese, chopped red onions, ripe olives, tomatoes, scallions, sour cream and homemade salsa atop shredded iceberg lettuce - 11.95

GF CALIFORNIA COBB SALAD

Grilled chicken breast, bacon, cheddar cheese, avocado, tomatoes, scallions and ripe olives atop shredded iceberg lettuce. Served with your choice of dressing - 12.95

BLEU CHEESE WEDGE

Traditional iceberg wedge topped with crispy Applewood smoked bacon, diced red onions, tomatoes and creamy bleu cheese dressing - 11.95

GF FOUR'S CHOPPED SALAD

Shredded romaine, red and yellow cherry tomatoes, chickpeas, red beans, cucumbers, olives, red onions, feta cheese and Italian vinaigrette - 11.95

GF GRILLED SALMON SALAD

Fillet of salmon lightly seasoned and grilled, then served over seasonal greens with tomatoes, boiled egg, steamed potatoes, green beans, pickled red onions, kalamata olives and lemon walnut vinaigrette - 15.95

ARUGULA BEEF SALAD

Baby arugula tossed with gorgonzola cheese, toasted pine nuts, balsamic dressing and served with fire roasted top sirloin crusted with peppercorns - 17.95

GF BABY SPINACH SALAD

Craisins, candied walnuts and crumbled goat cheese tossed in raspberry vinaigrette with crispy pancetta - 11.95

SALAD DRESSINGS

Creamy Bleu Cheese, Parmesan Peppercorn, Zesty Italian, House Vinaigrette, Balsamic, Raspberry, Honey Mustard, Lemon Walnut Vinaigrette, Caesar, Ranch or Olive Oil & Vinegar

HALL OF FAMERS



JOHN HANNAH BURGERS

All burgers are 1/2 lb. hand packed Black Angus patties served on a fresh roll with lettuce and tomato. Served with homemade baked beans, a pickle and your choice of house fries or pasta salad.

Substitute Onion Rings, Sweet Potato Fries or House Potato Chips - 1.00

BBQ CHEDDAR

BBQ sauce, cheddar cheese and bacon - 9.95

THE FRENCHIE

Garlic herb spread, brie cheese and fried onion strings - 10.95

THE WORKS

American cheese, sautéed onions, peppers and mushrooms - 9.95

GORGONZOLA BURGER

Melted gorgonzola cheese, Applewood smoked bacon and portabella mushroom with balsamic glaze - 10.95

CREATE YOUR OWN! - 8.95

TOPPINGS

Texas Chili, Bacon, Jalapeños, Guacamole, Sautéed Onions, Sautéed Peppers, Sautéed Mushrooms, American, Cheddar, Mozzarella, Swiss or Bleu Cheese - 75¢ each

SANDWICHES & WRAPS

All selections are served with homemade baked beans, a pickle and your choice of house fries or pasta salad.

Substitute Onion Rings, Sweet Potato Fries or House Potato Chips for 1.00

Bread choices include white, multi-grain, marble rye, braid roll, bulkie roll, ciabatta or a tortilla wrap.

Toppings: Texas Chili, Bacon, Jalapeños, Guacamole, Sautéed Onions, Sautéed Peppers, Sautéed Mushrooms, American, Cheddar, Mozzarella, Swiss or Bleu Cheese - 75¢ each

JOHNNY KELLEY

Fried chicken cutlet with melted Swiss cheese and supreme sauce. Served on a fresh roll. As good as the legend! - 10.95

THE YAZ

A heaping portion of extra lean pastrami with melted Swiss cheese. Served on a fresh roll. The captain's choice! - 9.95

BOBBY ORR

The House Special! Hand cut charbroiled steak tips with melted cheese. Served on a fresh roll. The greatest ever! - 10.95

LARRY BIRD

Grilled chicken breast topped with oven roasted tomato, caramelized onions, provolone and pesto. Served panini style A true MVP! - 10.95

JACK NICKLAUS

Our classic Caesar salad tossed with grilled chicken and roasted red peppers wrapped in a sun-dried tomato tortilla. Fit for the Golden Bear! - 10.95

BOBBY RIGGS CLUB

Slow roasted sliced turkey breast, crispy bacon, lettuce, tomato and cranberry mayonnaise on toasted white bread. Not your typical Hall of Famer! - 9.95

DOUG FLUTIE

Fried breaded chicken breast with melted mozzarella cheese topped with Buffalo sauce, lettuce and tomato. Served on a fresh roll. The Hail Mary answered! - 10.95

TED WILLIAMS

Fresh native scrod fried to perfection and served on a bulkie roll with lettuce, tomatoes and tartar sauce. The anglers delight! - 10.95

RAY BOURQUE

Sliced corned beef, Swiss cheese, sauerkraut and Russian dressing on grilled marble rye. Ray's reuben, a classic! - 10.95

ROBERT PARISH

Grilled marinated portabella mushroom with roasted red peppers and provolone cheese drizzled with balsamic glaze. Served on ciabatta bread. Hail to the chief! - 9.95

THE BAMBINO

1/4 lb. jumbo hot dog. The Babe's idea of heaven! - 8.95

JOAN BENOIT

Grilled seasoned turkey burger with toppings of sautéed peppers, mozzarella cheese, pineapple chili sauce, lettuce and tomato on a bulkie roll. The runner's reward! - 10.95

All items are available for take-out.

GF Gluten Free. Gluten Free Pasta or Bread available for 1.00

THE MAIN EVENT

Entrées are served with vegetables and your choice of house fries, mashed potatoes, rice pilaf or a baked potato.

Add a Side House Salad, Side Caesar, a Cup of Chowder or Homemade Soup - 2.95

Substitute Onion Rings, Sweet Potato Fries or House Potato Chips - 1.00



NOTHING BUT NET

BOSTON SCROD

Fresh baked scrod fillet with a topping of scampi butter and Ritz crackers - 16.95

GF SALMON

Fresh salmon fillet prepared broiled, blackened or grilled - 16.95

HADDOCK NANTUCKET

Baked fillet of haddock with a topping of Ritz crackers, crabmeat stuffing and newburg sauce - 19.95

PANKO SCALLOPS

Pan seared panko encrusted jumbo scallops drizzled with red pepper coulis, served with julienned vegetables and herbed citrus jasmine rice - 19.95

GF SWORDFISH

Hand cut fresh swordfish steak char-broiled to perfection - 21.95

FOUR'S SEAFOOD SAUTÉ

Sautéed lobster, scallops, shrimp and mussels tossed in Pecorino sweet garlic crème sauce over tagliatelle - 20.95

BEEF, CHICKEN, RIBS & COMBOS

GF STEAK TIPS

The house specialty. Hand cut, marinated sirloin tips charbroiled to your liking - 16.95

TERIYAKI STEAK TIPS

Our famous hand cut steak tips in homemade teriyaki marinade charbroiled to your liking - 16.95

GF TURKEY TIPS

Hand cut marinated turkey tips charbroiled to perfection - 15.95

NY SIRLOIN

A 14 oz. charbroiled Black Angus sirloin accompanied with crispy fried onion strings and your choice of portabella mushroom sauce or red wine demi glace - 24.95

RIBS & TIPS

A half rack of BBQ baby back ribs served with your choice of steak, teriyaki or turkey tips - 17.95

SURF & TURF

Large lightly seasoned shrimp grilled to perfection with your choice of steak, teriyaki or turkey tips - 19.95

COMFORT FOOD

FISH & CHIPS

Fresh native scrod battered and fried golden brown, served with house fries, onion rings, coleslaw and classic tartar sauce - 16.95

FREE RANGE ORGANIC CHICKEN

Oven roasted half chicken rubbed with provençal herbs over a bed of mashed potatoes with grilled asparagus and garlic chicken jus - 16.95

RIGATONI BOLOGNESE

Rigatoni tossed in a rich meat sauce - 13.95

MAC & CHEESE

Ziti tossed in creamy garlic cheddar sauce then baked gratinée - 11.95

Add Buffalo Chicken - 14.95

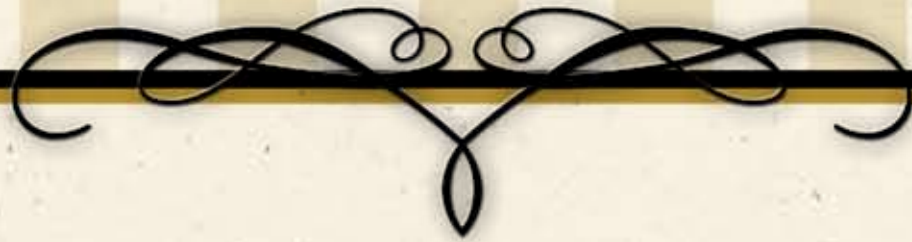
Add Lobster - 19.95

BAKED MEATLOAF DINNER

Delicious homemade meatloaf served over mashed potatoes with vegetables and beef gravy - 14.95

GF Gluten Free. Gluten Free Pasta or Bread available for 1.00

*Consuming raw or undercooked poultry, seafood, or shellfish may increase your risk of foodborne illness, especially if you have certain medical conditions. Not responsible for well done orders.



PASTA DISHES

PASTA PRIMAVERA

Sautéed broccoli, English peas, red peppers and cherry tomatoes tossed with tagliatelle in creamy alfredo or marinara sauce - 14.95

Add Chicken - 2.00

MUSSELS FRA DIAVOLO

Steamed mussels in white wine and garlic tossed in a spicy tomato sauce and served over linguine - 14.95

CHICKEN, ZITI & BROCCOLI

Fresh chicken, broccoli and tomatoes tossed in a scampi wine sauté with ziti - 15.95

CHICKEN PARMIGIANA

Pan fried homemade Italian crumb encrusted cutlets topped with our marinara sauce and mozzarella cheese, served over a bed of linguine - 15.95

CHICKEN MARSALA

Sautéed chicken breast with mushrooms, shallots and prosciutto in a Marsala wine reduction, served over wild mushroom ravioli topped with grilled asparagus - 17.95

PIZZA

MARGHERITA PIZZA

Homemade marinara sauce, fresh basil, roma tomatoes, romano and mozzarella cheeses - 10.95

PEPPERONI

Homemade marinara sauce and mozzarella cheese covered with slices of pepperoni - 12.95

STEAK BOMB

Steak tips and prosciutto with onion, peppers and mozzarella cheese - 13.95

MUSHROOM & ONION

Portabella mushrooms, caramelized onions and Gruyère cheese - 12.95

BUFFALO CHICKEN

Buffalo sauce, grilled chicken, scallions, tomatoes, mozzarella and bleu cheese - 13.95